

2016 KAHSHE AND BASS LAKE STEWARD REPORT

KAHSHE LAKE RATEPAYERS' ASSOCIATION

APRIL 2017

2016 Kahshe and Bass Lake Steward Report

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2016 Executive Summary

In accordance with the goals and objectives for the Kahshe Lake Steward, a comprehensive review and analysis of all historical environmental monitoring on Kahshe and Bass Lakes has now been completed and presented in annual Lake Steward Reports from 2012 through 2015. These documents are posted on the KLRA web-site (http://www.kahshelake.ca/ne/ls). This report captures the findings from sampling and analysis of both Kahshe and Bass Lakes in 2016. The sampling programs include those of two agencies: The District Municipality of Muskoka (DMM) and the Ontario Ministry of Environment and Climate Change (MOECC). In the latter, the Lake Stewards of Ontario carry out the sampling and measurement and the MOECC analyzes the samples and coordinates the data reporting.

As in 2015, this report has been structured to address the following issues/areas of potential concern for both lakes:

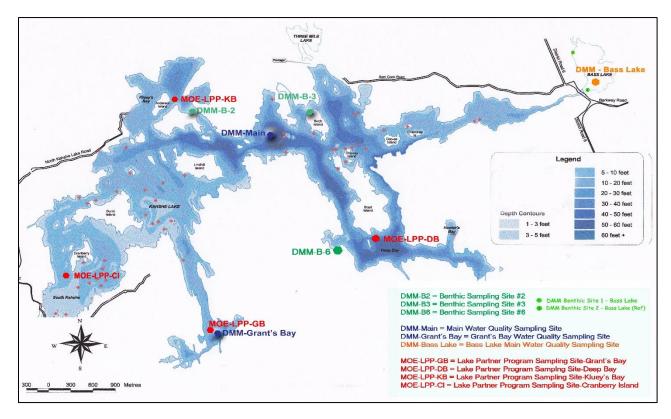
- Total Phosphorus and Water Clarity
- Calcium Depletion
- Lake Acidification
- Dissolved Oxygen and Water Temperature
- Metals and Other Chemicals
- Benthic Health

Weather and Water/Ice Conditions in 2016

In order to better understand the chemical and physical data that have been collected, this year's report includes an overview of the climatological factors that have the potential to influence the analytical findings. This attempts to answer the question: How normal were temperature, rainfall, water levels and ice-out conditions compared to past years?

The information on weather and water/ice conditions confirmed that 2016 was warmer and dryer during the summer months, with fairly normal water levels throughout the year. However, consistent with the 125 year trend of earlier ice-out dates for Muskoka Lakes, ice-out on Kahshe Lake was earlier than normal in 2016.

The map below shows the locations of all sampling sites for both DMM and MOECC sampling programs, while the summary table that follows provides brief information on each of the six issues. The two new new benthic monitoring sites which were added to Bass Lake in 2016 also are shown.



Summary of 2016 Findings for Kahshe and Bass Lakes

Measure	Why It's Important	Versus Benchmark*	Comments
Total	An indicator of water		☐ Background-based model
Phosphorus (P)	quality degradation and		review now completed and P
and Water	potential for algal		benchmarks to be revised.
Clarity	blooms.		☐ New DMM approach does not
	☐ Linked to planning &		change good water quality
	development		status for Kahshe Lake.
	restrictions.		☐ Bass Lake was flagged by DMM
	☐ Total P benchmark set to		for further study in 2016
	preserve water quality		because of elevated
	via a background		phosphorus.
	approach.		☐ No change in total phosphorus
	Natural tea colour of		in Bass Lake in 2016 and
	water complicates clarity		slightly improved water clarity.
	findings.		☐ More DMM studies are
			planned for Bass Lake in 2017.

Measure	Why It's Important	Versus Benchmark*	Comments				
Calcium Depletion	 □ Calcium is naturally occurring in soils and rocks and is essential component of aquatic food chain. □ There was enhanced leaching from soil to lakes due to acid rain impacts in 1970s & 80s. □ Many Muskoka lakes now at lower end of aquatic threshold. 	•••	 □ Not a shoreline development issue. □ Calcium in Kahshe and Bass Lake is currently above benchmark (good), but need to keep monitoring and watch for signs of decline. 				
Lake Acidity (pH)	☐ In mid to late 1900s, sulphur and other acid gasses from the Sudbury basin plus transboundary air flows from the U.S. acidified many lakes. ☐ Most lakes in Muskoka have recovered following emission controls.		 □ The Ontario objective is to keep pH between 6.5 and 8.5. □ Kahshe and Bass Lakes are 10-20 times above the lower pH limit, so there is no concern for impacts on aquatic species. □ However, both lakes have a low buffering capacity, so we need to keep monitoring. 				
Dissolved Oxygen (DO) And Water Temperature	 Oxygen is essential for all aquatic organisms. It enters surface water from the air and is transferred down to lower depth waters via spring and fall water turnover. Levels in the bottom waters deplete during the summer and can become anoxic and impact aquatic survival and also release P from sediments. 		 □ The PWQO for DO in warm water lakes is 5 mg/L. □ The DO levels in mid and lower layers of water in both lakes often drop below the desirable benchmark. □ However, neither Kahshe nor Bass Lake is considered anoxic and the lower DO levels are limited to late summer and fall and are unlikely to impact aquatic organisms. □ The report also charts the 35 year trends in water temperature which show no obvious up or down trend. 				

Measure	Why It's Important	Versus Benchmark*	Comments				
All Other Chemicals	 □ DMM samples and analyzes Kahshe and Bass Lake for over 30 different metals, nutrients and other chemicals. □ This report analyzes them relative to chronic toxicity benchmarks and charts them all since monitoring began in early 2000s. 		 □ All 30 have been compared to chronic toxicity benchmarks from Ontario, Canada and the U.S. EPA. □ Sampling of Bass Lake. in 2016 confirmed that most are well below aquatic benchmarks. □ A few historical exceedances are likely due to analytical problems early in the program and/or to benchmarks that are not well supported. 				
DMM means District Municipality of Muskoka * Levels are within accepted benchmarks for water quality No obvious upward or downward trend has been detected since monitoring began							

In conclusion, based on the foregoing summary of the environmental monitoring of Kahshe and Bass Lakes, no major issues in terms of environmental quality have been detected.

Although there are no major environmental issues, we need to continue with our sampling efforts and practice overall lake stewardship to delay the onset of nutrient enrichment and its impact on lake health. How can we make a difference?

Each of us can do our part to maintain the quality of the water by:

- managing our septic systems properly and having tanks pumped out regularly;
- avoiding the use of products containing phosphorus (detergents and cleaners);
- disposing of toxic wastes (batteries, paint, oil, old gas, pressure-treated lumber and other construction waste) at approved land fill sites;
- minimizing near-shore removal or management of vegetation and ensuring that any shoreline disturbance is conducted in compliance with permitted uses;
- avoiding the use of any chemical fertilizers or pesticides in areas close to the shore; and,
- taking precautions to minimize the potential for introducing both terrestrial and aquatic invasive species.

1.0 Kahshe Lake Stewardship Mandate

In 2013, the Kahshe Lake Steward Committee was dissolved, with the role of the Lake Steward being assigned to a newly created Conservation Committee which reports directly to the Kahshe Lake Ratepayers' Association (KLRA). The Lake Steward has been made a permanent sitting member of this committee. This change in reporting structure has not altered the roles and responsibilities of the Lake Steward, and these remain as:

- Educating the residents and other users of Kahshe and Bass Lakes on how to preserve and improve the quality of the lakes and their shorelines.
- Monitoring the environmental quality of both lakes and keeping the association members up to date on the results of the analytical and biological monitoring programs.

Another important water quality parameter that is not being routinely monitored in either lake or at the public beaches by any organization is coliform contamination. If you are drinking water from the lake — which is strongly not recommended - and want to ensure that your filtering system is functioning properly, you can submit a sample of water to the Simcoe Muskoka Health Unit for coliform analysis. The contact info is:

2-5 Pineridge Gate, Gravenhurst, ON, P1P 1Z3. PHONE: 705-684-9090, FAX: 705-684-9887.

Anyone who suspects that a neighbouring septic system is in need of pumping or improved management can also take a sample from the lake and submit it to the Simcoe Muskoka Health Unit.

Given the importance of maintaining fully functional septic systems, the following information has been extracted from a Good Neighbour Resource Hand book article by Rob Abbott which was updated in 2014 by the Conservation Committee.

Your septic system is a sewage treatment facility that requires careful attention to design, construction, operation and maintenance. **As a property owner, this is your responsibility.** In Ontario, the specifications for construction and maintenance of sewage systems with a flow of less than 10,000 litres per day are regulated under the *Ontario Building Code*, and municipalities are responsible for the inspection and approval of all septic installations. In the case of Kahshe and Bass Lakes, the Building Department of the Town of Gravenhurst is the department with this responsibility. In addition to permitting the installation of septic systems, the Town of Gravenhurst also operates a septic re-inspection program which is briefly summarized below:

- the re-inspection on Kahshe Lake is carried out every 5 years (2008... 2013....);
- it consists of a trained student visiting most (but not always all) properties and carrying out a visual inspection of the tank and bed;
- if the visual inspection finds the tank and bed in good condition, they leave a note to inform the property owner and send a follow-up letter;
- if there are visual signs of failure of the leaching bed, they leave a notice and the Building Department follows up with a letter requiring a pump-out and system inspection with a receipt from a licensed pumper to confirm that it has been carried out;
- if the visual signs point to a serious failure, the Building Department issues a stop order until

Unfortunately, there is no systematic process for re-inspections based on permits or on re-inspection findings. However, cottage owners are encouraged to report any suspected problems to the Building Department so they can follow up with an inspection of the system. As noted earlier, another way neighbouring property owners can support a concern regarding possible septic system failure is to submit a sample of lake water from a location close to the suspect property. The sample should go to the Simcoe Muskoka Health Unit for coliform analysis at the address noted on the previous page.

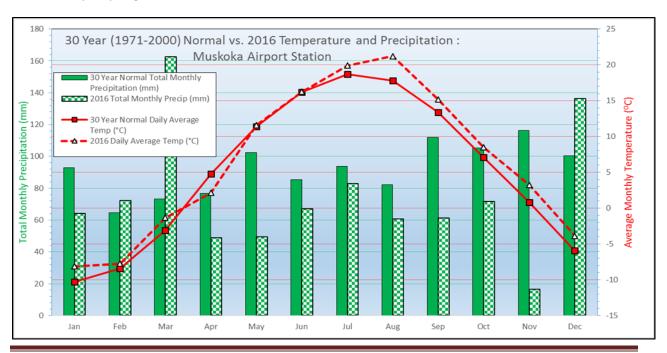
1.0 Overview of Climatic Factors and Water/Ice Conditons

In order to better understand the chemical and physical data that have been collected, this year's report includes an overview of the climatological factors that have the potential to influence the lake monitoring findings. This attempts to answer the question: How normal were temperature, rainfall, water levels and ice-out conditions compared to past years?

Air Temperature and Precipitation

Air temperature and rainfall records from the Muskoka Airport weather monitoring station in 2016 and earlier years were evaluated. The chart below shows the average monthly air temperature and total monthly precipitation (rain + snow) for the entire 2016 year. These results are then compared to the 30 year (1971-2000) normal monthly temperature and precipitation.

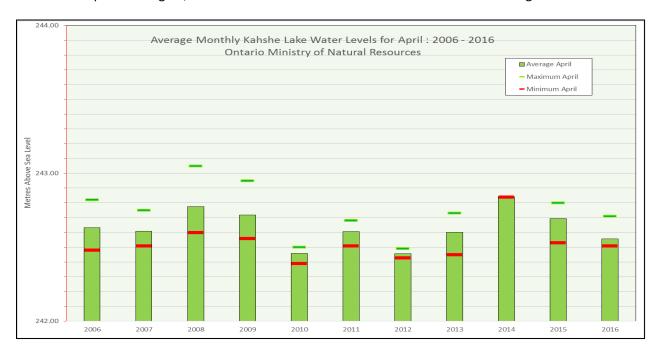
This comparison demonstrates that air temperatures in 2016 were higher than normal from June through the end of the year. Total precipitation during the period from April through November also was much lower than normal, resulting in a warmer late spring, summer and fall and after a very wet March, a dryer spring, summer and fall.

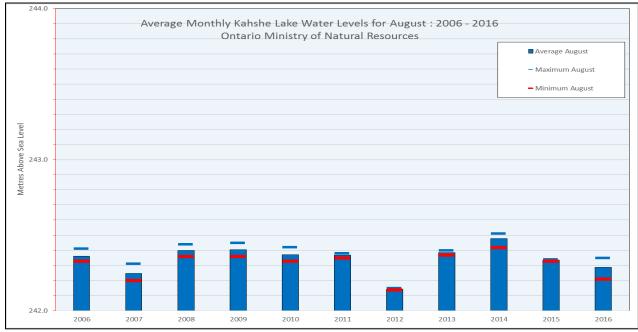


Water Levels

Data from the Ontario Ministry of Natural Resources (MNR) as collected at the dam near the south end of Kahshe Lake have been summarized in two charts below, one each for April and August. These charts plot the average monthly as well as maximum and minimum water levels (shown by the bars above and within each column). Three commonalities are apparent from these plots of water level fluctuation over this 10 year period:

- 1. Water levels are generally higher in the spring (April) and lower towards the end of the summer;
- 2. There is greater within year variability in April vs. August; and,
- 3. In both April and August, the water levels in 2016 are in line with the results dating back to 2006.

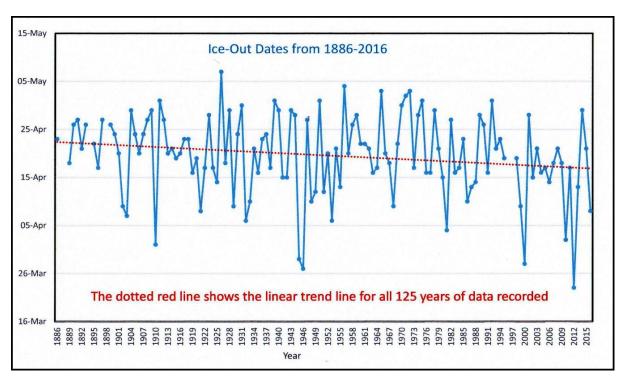


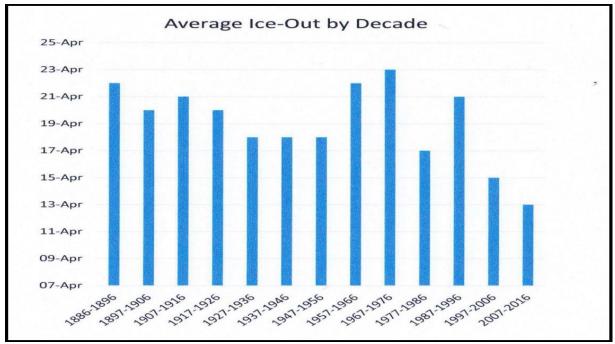


Ice-Out Times

While there is no official record for ice-out times on Kahshe Lake, Mr. Rob Abbott was able to locate a publicly generated data base of ice-out times for Muskoka Lakes (Rosseau and Joseph) dating back 125 years. While there would be some differences between these dates and the actual dates on Kahshe Lake, the differences would be minimal.

I've inserted two charts prepared by volunteers in Muskoka Lakes as well as the actual dates of ice-out dating back to 1886.





Ice-Out dates for each year: 1886 - 2016

Year	Date	Year	Date	Year	Date														
1886	23-Apr	1899	26-Apr	1912	27-Apr	1925	14-Apr	1938	17-Apr	1951	12-Apr	1964	17-Apr	1977	16-Apr	1990	26-Apr	2004	16-Ap
1887	n/a	1900	24-Apr	1913	20-Apr	1926	07-May	1939	01-May	1952	20-Apr	1965	03-May	1978	29-Apr	1991	16-Apr	2005	17-Api
1888	n/a	1901	20-Apr	1914	21-Apr	1927	18-Apr	1940	29-Apr	1953	06-Apr	1966	20-Apr	1979	21-Apr	1992	01-May	2006	14-Api
1889	18-Apr	1902	09-Apr	1915	19-Apr	1928	29-Apr	1941	15-Apr	1954	21-Apr	1967	18-Apr	1980	15-Apr	1993	21-Apr	2007	18-Api
1890	26-Apr	1903	07-Apr	1916	20-Apr	1929	09-Apr	1942	15-Apr	1955	13-Apr	1968	09-Apr	1981	04-Apr	1994	23-Apr	2008	21-Api
1891	27-Apr	1904	29-Apr	1917	23-Apr	1930	24-Apr	1943	29-Apr	1956	04-May	1969	22-Apr	1982	27-Apr	HILL TO COMPANY OF THE	19-Apr	2009	18-Ap
1892	21-Apr	1905	24-Apr	1918	23-Apr	1931	30-Apr	1944	28-Apr	1957	20-Apr	1970	30-Apr	1983	16-Apr	1996 1997	n/a n/a	2010	02-Api
1893	26-Apr	1906	20-Apr	1919	16-Apr	1932	06-Apr	1945	29-Mar	1958	26-Apr	1971	02-May	1984	17-Apr	1998	19-Apr	2011	17-Арі
1894	n/a	1907	24-Apr	1920	19-Apr	1933	10-Apr	1946	27-Mar	1959	28-Apr	1972	03-May	1985	23-Apr	1999	09-Apr	2012	23-Ma
1895	22-Apr	1908	27-Apr	1921	08-Apr	1934	21-Apr	1947	27-Apr	1960	22-Apr	1973	17-Apr	1986	10-Apr	2000	28-Mar	2013	13-Apr
1896	17-Apr	1909	29-Apr	1922	17-Apr	1935	16-Apr	1948	10-Apr	1961	22-Apr	1974	28-Apr	1987	13-Apr	2001	28-Apr	2014	29-Apr
1897	27-Apr	1910	01-Apr	1923	28-Apr	1936	23-Apr	1949	12-Apr	1962	21-Apr	1975	01-May	1988	14-Apr	2002	15-Apr	2015	21-Apı
1898	n/a	1911	01-May	1924	17-Apr	1937	24-Apr	1950	01-May	1963	16-Apr	1976	16-Apr	1989	28-Apr	2003	21-Apr	2016	08-Apr

No recorded Ice-Out date

Earliest recorded Ice-Out date: 3-23-2012

Latest recorded Ice-Out date: 5-07-1926

Ice-Out Data Source and Qualifiers

* To the best of our knowledge, the following individuals were responsible for recording the Ice-Out dates referenced here:

1886-1899: The Henry Family of Minett

1900-1919: Captain John Rogers of Port Sandfield

1920-1930: Victor Croucher, Lake Joseph

1931-1945: Keith Croucher, Lake Rosseau

1946-2006: Cecil Frazer, Port Carling

2007-2016: Robert Goltz, Windermere Area Archive, Lake Rosseau

Not all Ice-Out dates were recorded in the same location or used the same methodology. Over the 130 year period referenced, there were 6 years for which we could find no recorded Ice-Out date. Those years were not included in the calculation of the average Ice-Out dates.

Based on this long-term event monitoring, the authors of the monitoring data have drawn the following very general 'Fun Facts' from 13 decades of Ice-Out Dates in Muskoka:

- The earliest and latest ice-out dates over the past 125 years have been March 23, 2012 and May
 1, 1926, respectively;
- 2. 89% of ice-outs occurred in the month of April;
- 3. The long term trend is toward earlier ice-out dates; and,
- 4. The past decade has had the earliest average ice-out date on record.

Climatic Factors and Water/Ice Condition Summary

The information on weather and water/ice conditions confirmed that 2016 was warmer and dryer during the spring and summer months, with fairly normal water levels throughout the year. However,

consistent with the 125 year trend of earlier ice-out dates for Muskoka Lakes, ice-out on Kahshe Lake was earlier than normal in 2016.

2.0 Overview of Environmental Monitoring

Kahshe and Bass Lakes are being monitored for water quality and biological functioning parameters under two main initiatives as outlined below:

Lake Partner Program (LPP) - MOECC - Kahshe Lake Only

This program is operated by the Ontario Ministry of the Environment and Climate Change (MOECC) through the Dorset Environmental Science Centre. Under this program, water sampling and measurement of water clarity on Kahshe Lake is conducted by the Lake Steward every year.

The program has consisted of the following activities:

■ Water clarity measurements

 Clarity of the water is measured every two weeks during the ice-free period at four locations using a Secchi disc, and these findings are forwarded to the MOECC for compilation and comparison with other lakes in Ontario.

■ Water quality testing

 Water is sampled from the same four locations in May each year and sent to the MOECC where it is analyzed for total phosphorous and calcium.

Given the location of the original three sampling sites, which provide coverage of the eastern and northern areas of the lake, a request was made to the MOECC in the fall of 2013 to add an additional sampling location in the southwest part of Kahshe Lake, where water is generally more shallow and potentially more susceptible to phosphorus-induced algal blooms given the likelihood of warmer water temperatures during the summer months. The MOECC approved this request and a new sampling location was added to the south of Cranberry Is. in 2014. However, as the water is less than 3 m deep in this area, Secchi disc water clarity measurements are not carried out – i.e. the disc would hit the bottom before loss of visibility.

Lake System Health Program (DMM) – Both Kahshe and Bass Lakes

This program is one of several components of a larger Muskoka Water Strategy which is operated by The District Municipality of Muskoka (DMM), with support from the Muskoka Watershed Council (MWC), the MOECC and several other participating agencies.

The monitoring program consists of 193 sampling sites on 164 lakes on a rotational basis. The program was designed to deliver a monitoring program which would establish a long-term record of key water

quality parameters so that trends in water quality and lake system health could be identified and appropriate management decisions taken to protect lake water quality.

For Kahshe and Bass Lakes, the DMM program consists of the following activities which have been conducted every second year for Kahshe Lake and every third year for Bass Lake:

- Spring phosphorus sampling conducted in May or early June (2 sites in Kahshe Lake and 1 site in Bass L);
- Water sample collection for total phosphorus and a suite of other physical and chemical parameters in May/June (2 sites in Kahshe Lake and 1 site in Bass Lake);
- Secchi disc depth measurements collected in May and August (2 sites in Kahshe Lake and one site in Bass Lake);
- Temperature and dissolved oxygen at increasing water depths taken in May and August (2 sites in Kahshe Lake and 1 site in Bass Lake);
- Benthic invertebrate sampling at one of three potential sites in Kahshe Lake in August each year.

Since the DMM program had been carried out on Kahshe Lake in 2015, sampling was not carried out in 2016. And although sampling had not been planned for Bass Lake, it was carried out to further assess water quality on Bass Lake, as it had been identified as a transitional lake as part of the DMM's review of its water quality model. Benthic assessment also was carried out on Bass Lake at two sampling locations in 2016 as part of the transitional lake sampling methodology.

To give a better perspective on where the sampling for both the MOE Lake Partner Program and the DMM Lake System Health Program is conducted on Kahshe and Bass Lakes, the locations of water sampling and measurement have been shown on Figure 1 below.

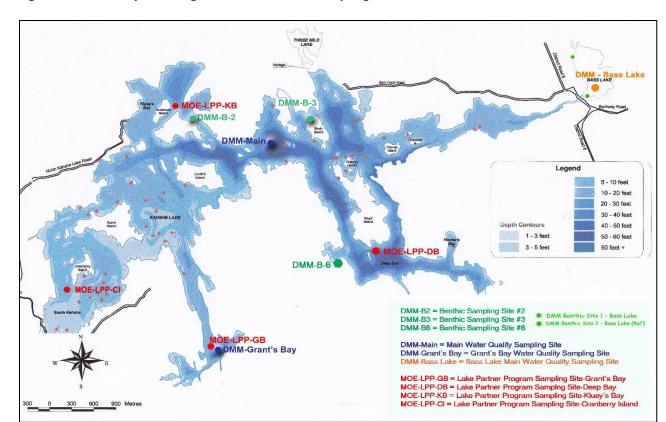


Figure 1: Map Showing MOECC and DMM Sampling Locations on Kahshe and Bass Lakes

3.0 Results of Monitoring on Kahshe and Bass Lakes

In this report, the results will be presented in several sections which will focus on the main parameters of concern to the health of our lakes. Because both the DMM and the MOECC include sampling of some of the same parameters, this report will make comparisons between the findings of each agency. The main components of this report will address the following main areas of interest in terms of water quality:

- Total Phosphorus and Water Clarity
- Calcium Depletion
- Lake Acidification
- Dissolved Oxygen and Water Temperature
- Metals and Other Chemicals
- Benthic Health

3.1 Total Phosphorus and Water Clarity (Secchi Depth)

The sampling and analysis of phosphorus is important, as it has been clearly shown to be the main nutrient that controls the growth of algae in Ontario lakes, with higher phosphorus generally resulting in an increase in algal growth, and therefore, decreased water clarity.

The DMM also evaluates the responsiveness of lakes in Muskoka to input and mobility of phosphorus as it enters the lake from human and natural sources. As demonstrated in previous reports, both Kahshe and Bass Lakes are considered moderate in terms of their sensitivity to phosphorus. This sensitivity rating also factors into the setting of a total phosphorus threshold for lakes in Muskoka. This threshold value is set equal to the background concentration plus an additional 50%.

If the lake's measured and modelled phosphorus concentrations over a 10-year period are greater than its threshold value, then the lake is considered "over threshold" and actions will be initiated to reduce the amount of phosphorus entering the lake from its watershed. As noted in last year's report, neither Kahshe nor Bass Lakes have 10-year averages greater than threshold. However, the DMM has now completed their review of the water quality model that has been used to set threshold levels. In a letter to property owners of lakes affected by this review, the DMM state:

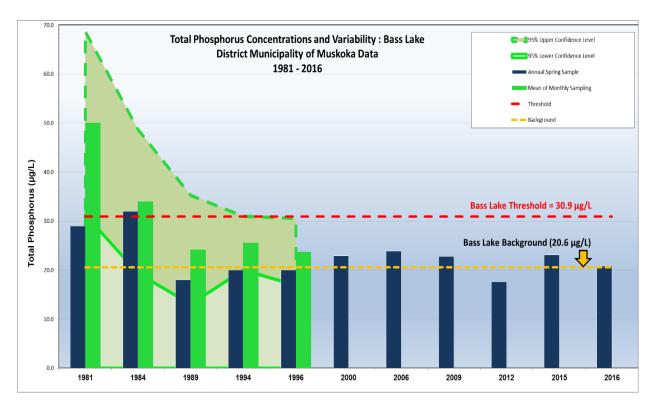
"The results of the review suggest the need for an updated approach governing development or redevelopment on lakes which reflects scientific advances in the last decade, in recognition that the existing model was too narrowly focused and had some limitations when used to evaluate an individual lake. While any change to planning policy would require an official plan amendment and significant public consultation, the policy direction suggested by the results of the Water Quality Model review recognizes that all lakes should be afforded a high degree of protection through implementation of a set of "Standard" Best Management Practices (BMPs) for all new development or redevelopment of shoreline lots. In addition, the science tells us that certain lakes have been flagged as requiring additional study and potentially a higher level of protection. These "transitional" lakes are identified on the basis of one or more of three "management flags":

Total Phosphorus concentrations greater than 20 micrograms/litre,
A rising trend in Total Phosphorus; and/ or
Documented occurrence of a blue-green algal bloom.

Bass Lake and six other lakes across the District (including Ada (ML), Barron's (GB), Brandy (ML), Bruce (ML), Stewart (ML/GB) and Three Mile (ML) Lakes) are currently affected by these management flags."

Bass Lake was flagged only because it met one of the three conditions, that being a total phosphorus concentration greater than 20 micrograms/L. Because of that, the DMM undertook additional sampling of Bass Lake in 2016 even though sampling wasn't due until 2018.

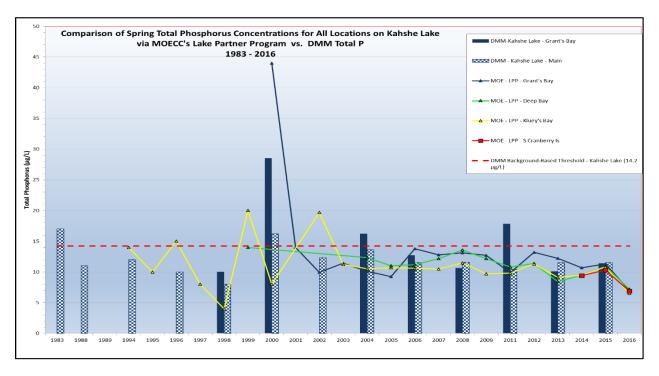
The Bass Lake results for 2016 as well as those of the past 30+ years are shown below:



These findings can summarized as follows:

- 1. There has been no change in total phosphorus concentrations over the past 35 years
- 2. Total phosphorus is higher than in Kahshe Lake, but well below the DMM's existing Threshold Level
- 3. The findings are fully in line with the DMM's Background level for this lake.

So how do these findings compare with total phosphorus in Kahshe Lake? As indicated earlier, 2016 was an off year for DMM sampling on Kahshe Lake; however, since Kahshe is part of the MOECC's Lake Partner Program, the samples your Lake Steward collected from the four locations on Kahshe Lake do give us the chance to compare the 2016 findings, which are presented below:

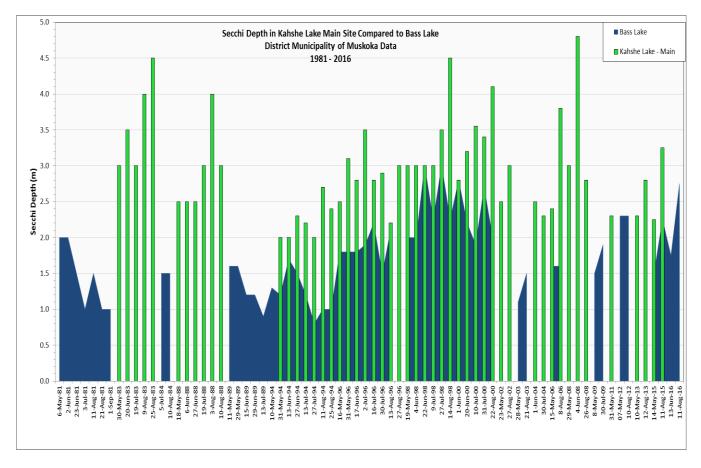


The findings from this comparison are summarized below:

- 1. The total phosphorus concentrations at all four sampling locations in 2016 have shown a moderate decrease in 2016.
- 2. As for Bass Lake, the total phosphorus levels are well below the existing Threshold Level and are essentially unchanged over the past 35 years.
- 3. The total phosphorus concentrations in the water of Kahshe Lake are about half of what they are in Bass Lake.

While the linkage between total phosphorus concentrations and water clarity are typically weaker in tea coloured waters, we have nevertheless monitored clarity via the Secchi disc method for as long as we have data on total phosphorus.

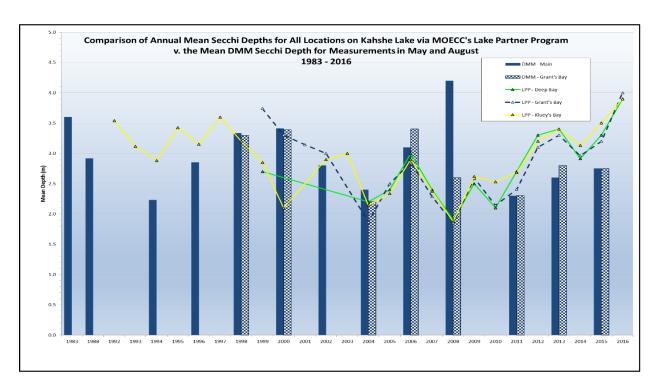
Starting with Bass Lake, the DMM's water clarity levels for 2016 have been compared with the historical results dating back to 1980s in the chart that follows.



In this comparison, I've included the findings for Kahshe Lake as represented by the green bars and have shown the results for Bass Lake as the solid blue area. The findings from this comparison are summarized below:

- 1. Bass Lake water clarity in 2016 was much improved compared to historical levels and came close to the levels achieved in the late 1990s.
- 2. Although there are no DMM water clarity findings for Kahshe Lake in 2016, water clarity is generally better on Kahshe than on Bass Lake.

As was the case for total phosphorus, although the DMM did not carry out water clarity measurements on Kahshe Lake in 2016, the MOECC's program covered Kahshe at three locations over the spring and summer, and these findings are shown below.



As was the case on Bass Lake, a noticeable increase in water clarity was evident on Kahshe Lake in 2016, with clarity depths extending almost to 4.0 m.

To follow up on the findings of the 2016 Bass Lake sampling program which was initiated by the DMM after Bass Lake was flagged as a Transitional Lake', the following information was provided by Ms. Christy Doyle, DMM:

"The data that Rebecca provided to you is the District's most recent water quality data for Bass Lake, and we'll be back gathering samples again this summer. With regard to the 'special status' you've noted, Bass Lake is included in the District's proposed recreational water quality policies as a lake worthy of potential environmental attention and study through eventual "Causation Studies" to be undertaken by the District. However, at this point, those policies are only proposed.

The District's proposed policy set is now before the Province for its consideration, and we expect to bring the draft policies back to the District's Planning Committee later in 2017 for review and consideration. Until that time, Bass Lake does not have a new status and maintains its status as identified on the lake data sheets sent to you.

Should the draft policies be approved, the lake data gathered from Bass Lake will be considered as the District seeks to protect and where possible enhance the water quality of that lake, and all lakes across Muskoka."

Total Phosphorus and Water Clarity Summary

Phosphorus has been clearly shown to be the main nutrient that controls the growth of algae in Ontario lakes, with higher phosphorus generally resulting in an increase in algal growth, and therefore, decreased water clarity. The DMM also evaluates the responsiveness of lakes in Muskoka to input and

mobility of phosphorus as it enters the lake from human and natural sources and both Kahshe and Bass Lakes are considered moderate in terms of their sensitivity to phosphorus.

This sensitivity rating also factors into the setting of a total phosphorus threshold for lakes in Muskoka. This threshold value is set equal to the background concentration plus an additional 50%. If the lake's measured and modelled phosphorus concentrations over a 10-year period are greater than its threshold value, then the lake is considered "over threshold" and actions will be initiated to reduce the amount of phosphorus entering the lake from its watershed. Neither Kahshe nor Bass Lake is considered overthreshold. However, as a result of a review by the DMM of their water quality model, Bass Lake has now been flagged for further study due to its elevated total phosphorus concentrations and may require development restrictions pending the outcome of the study.

Based on the sampling by both the DMM and MOECC (Lake Steward), the following conclusions can be drawn:

- In both lakes, there has been no detectable change in total phosphorus concentrations over the past 35 years
- Total phosphorus concentrations are about two times higher in Bass Lake than in Kahshe Lake, but well below the DMM's existing Threshold Level and within the expected Background concentration.
- As for Bass Lake, the total phosphorus levels in Kahshe Lake are well below the existing
 Threshold Level and are essentially unchanged over the past 35 years.
- The total phosphorus concentrations in the water of Kahshe Lake are about half of what they are in Bass Lake.
- Water clarity in Bass Lake in 2016 was much improved compared to historical levels and came close to the levels achieved in the late 1990s.
- Although there are were no DMM water clarity findings in 2016 for Kahshe Lake, the MOECC sampling also showed increased water clarity in 2016 compared to earlier years.
- The water clarity findings confirm that water clarity is generally better in Kahshe than in Bass Lake.
- Finally, based on feedback from the DMM, the 'Transitional' lake status assigned to Bass Lake in 2016, which resulted in additional DMM sampling in 2016 will continue in 2017, with additional studies being planned. As such, there is no change to the current 'below threshold' status of Bass Lake.

3.2 Calcium Depletion

Another chemical of potential concern to the health of our lake is calcium. In this case, the concern is not related to shoreline development, but arises from a Muskoka trend towards decreasing levels of calcium which has been documented in a recent Canada Water Network Research Program in the Muskoka watershed. Why is calcium so important?

Calcium is a nutrient that is required by all living organisms, including very small organisms called zooplankton (e.g. *Daphnia*) that live in the waters of Muskoka lakes and are a key component of the food chain for other aquatic organisms higher on the food chain. The reproduction of these organisms

as well as others like mollusks, clams, amphipods and crayfish have been shown to be adversely affected by low levels of calcium in lake waters.

Based on data from over 700 lakes in Ontario, about 35% currently have calcium levels below 1.5 mg/L, which is considered a limiting threshold for the survival of species like *Daphnia*. One of the implications of reduced calcium is a lowering of biodiversity. Dr. N. Yan explained how this can happen using calcium as an example in response to a Toronto Star article in 2014. He elaborated on a study designed to highlight a fairly fundamental shift from crusty to jelly-clad species as dominants in the plankton, as we move from a higher calcium, phosphorus world in our lakes to a lower calcium, lower phosphorus world.

This has resulted in *Holopedium* taking dominance over *Daphnia*, as it needs 20 times less calcium, and 2 times less phosphorus than *Daphnia*. It also survives attacks from invertebrate predators better and was already widespread in our lakes. Arguably it is a dominant zooplankton species on the Shield. The point of the paper was that it has become more dominant over the last 20-30 years at the expense of its more calcium-needy competitors.

There are indeed a few possible ecological concerns of the change. Yan explained:

- 1) We are losing biodiversity here, as several species of *Daphnia* are losing out to only one *Holopedium* species;
- 2) The nutritional value of the large animal plankton is reduced, as *Holopedium* has a much lower mineral content than *Daphnia*. The implications of this should be explored, but are not yet known; and,
- There may well be less food passed up the food chain to fish in our small lakes where invertebrate predators are actually key steps between plankton and fish, because *Holopedium* is pretty well protected from most invertebrate predators by its jelly coat. When it is eaten, it has lower mineral content.

In our Muskoka lakes, the absolute abundance of *Holopedium* has increased by an average of about two fold over the last 20 years, and the relative abundance has increased more, said Yan, while the abundance of five species of *Daphnia* has declined. There are two other, smaller species of *Daphnia* that need less calcium than their congeners, and they are still doing well, but this won't last if calcium continues to fall, he said.

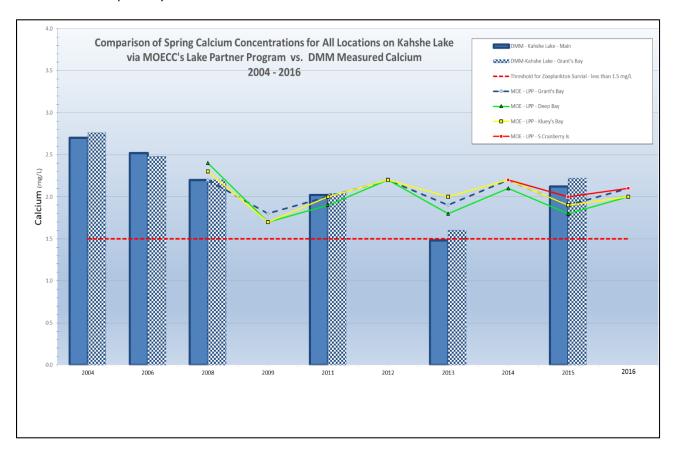
Still, jellification doesn't mean the end to fish in our lakes. The thing to understand, said Yan, is that "the sky is not falling, but it's not quite the same sky as it once was." No doubt ongoing research and monitoring is critical to the health of our lakes. The upside to the attention raised by The Toronto Star's article this week, said Yan is that it highlights how "research in Muskoka is alerting the world to intriguing and fundamental changes that accompany human interventions in the natural world."

Studies have shown that the gradual reduction in calcium levels in watershed soils and the water of lakes and rivers is associated with acidic rainfall, forest harvesting and climate change. In the early days, very acidic rain leached the calcium from soils faster than it could be regenerated via natural weathering of underlying rocks and this resulted in increased levels in the water of some lakes. However, as acid

deposition rates were reduced, less calcium is now being leached from watershed soils into lakes, resulting in lower calcium concentrations that are threatening the health of aquatic species. Forest harvesting also has played a role, as the removal of timber and subsequent re-growth of forests following timber harvesting has further diminished the supply of calcium in soils that is available for leaching to lakes. Finally, climate change is also playing a role, as it has in some areas, resulted in in decreased water flow within the watershed, resulting in less calcium being exported from watersheds to lakes.

Fortunately, the DMM water sampling program has included calcium since 2004, while the MOECC have been analyzing Kahshe Lake water for calcium since 2008. The chart that follows plots the calcium data for Kahshe Lake over this time period. It also shows the 1.5 mg/L threshold for the survival of *Daphnia*.

As the findings for Bass Lake (2.8 mg/L in 2016) also were well above the lower limit of 1.5 mg/L, they have not been separately charted.



Based on this information, it can be concluded that:

- 1. Calcium concentrations in both Kahshe and Bass Lakes are well above the lower limit that has been set to protect sensitive zooplankton species.
- 2. While we don't have an extensive history of calcium monitoring results, the data we do have show no obvious signs of increasing or decreasing concentraitons.

Calcium Depletion Summary

- While decreasing lake water calcium concentration is an emerging concern for lakes on the Precambrian Shield in Ontario due to its impact on the reproduction and survival of zooplankton and other aquatic species that are important components of the aquatic food chain, levels of calcium below the growth limiting threshold range of 1.5 mg/L have not been identified in the sampling of Kahshe or Bass Lakes.
- Nor is there any conclusive evidence from the Kahshe and Bass Lake sampling program by DMM or MOECC to demonstrate a similar downward trend over time like that seen in the Muskoka area.
- However, continued monitoring is warranted, as the historical data for Kahshe and Bass Lakes is limited, dating back only to 2004.

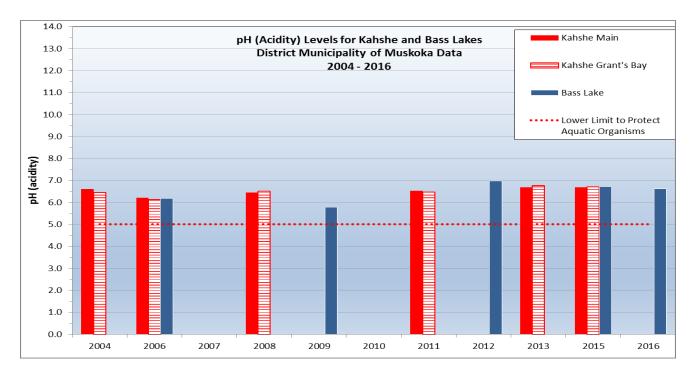
3.3 Lake Acidification

Water acidity is measured on a unitless scale referred to as pH. The pH of water is a measure of the hydrogen ion concentration expressed on a scale of 0 to 14, with a pH of 7 being neutral, values below 7 being acidic and above 7 being alkaline. As the hydrogen ion concentration is measured on a logarithmic scale, the change in pH of 1 unit (i.e. from 6.0 to 7.0) represents a 10-fold decrease in acidity. Distilled water is considered to be neither acidic nor alkaline, and has a pH of 7.0. However, even in the absence of any man-made acidic gases, the natural levels of carbon dioxide in the atmosphere will react with water to generate carbonic acid, and this will cause rain to have a pH of about 5.6.

Although source-oriented acid gasses and particulates have contributed significantly to the acidification of lakes in Ontario, particularly around major sulphur sources in the Sudbury basin, there has been noticeable recovery over the last two decades as emission controls were implemented. The ingress of acidic gasses and particulates of nitrogen and sulphur from transboundary air flows into southern Ontario also have been reduced.

The Provincial water quality objective is to keep pH between 6.5 and 8.5, as values above or below those levels can be harmful to some aquatic organisms. According to the DMM, lakes in Muskoka tend to be slightly acidic, although many lakes have experienced acid stress as a result of acid precipitation mentioned above.

The chart below shows the pH values for Kahshe and Bass Lakes from 2004 through 2016.



It is apparent from this chart that the acidity of both Kahshe and Bass Lakes is well within the normal range and well above the level where impacts to some aquatic species would be encountered.

While the pH findings represents good news, it should also be recognized that the waters of Kahshe and Bass Lakes have low levels of alkalinity, and as such, are more susceptible to acidification, as the ability of the water to buffer the acid input is low.

Lake Acidity Summary

The waters of Kahshe and Bass Lake have acidity (pH) levels that are well within a normal range and more than 10-fold above the pH level of 5.0, below which potential aquatic impacts could be observed.

While the pH findings represents good news, it should also be recognized that the waters of Kahshe and Bass Lakes have low levels of alkalinity, and as such, are more susceptible to acidification, as the ability of the water to buffer the acid input is low. As such, continued monitoring of the acidity is warranted.

3.4 Dissolved Oxygen and Water Temperature

Dissolved oxygen (DO) in lake water is important for two main reasons: 1) it is essential for the survival of all aquatic organisms, and 2) a lack of oxygen in the lower layers of the lake (referred to as being anoxic) can cause mobilization of phosphorus from sediments. This is referred to as internal phosphorus loading.

In addition to the consumption of oxygen by fish and other aquatic organisms, the decomposition of organic matter in all layers of the lake consumes oxygen. However, because of the minimal mixing of upper and lower layers of lake water during the ice-free period (referred to as thermal stratification), only the upper layers of water are replenished with oxygen as a result of photosynthesis by aquatic plants, in-bound water from streams and atmospheric oxygen as a result of mixing caused by wind and waves. As such, the gradual depletion of oxygen in the lower layers (hypolimnion) of the lake progresses

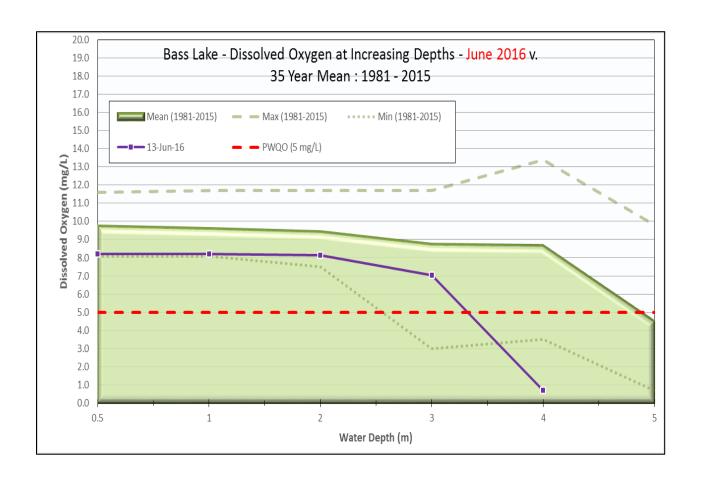
following spring turnover (after the ice has melted) and does not get re-oxygenated until the late fall turnover again takes place.

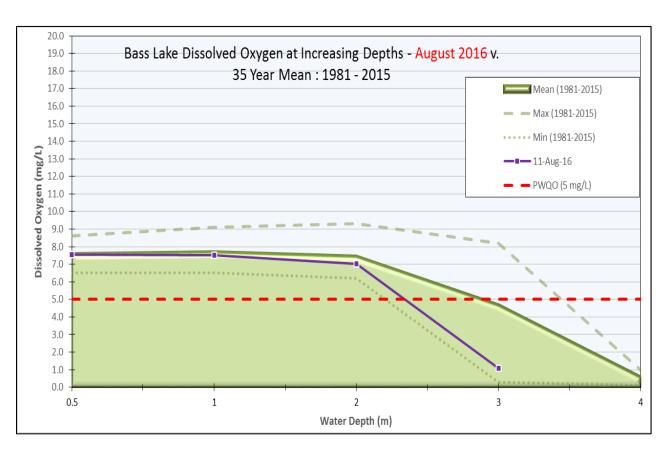
Water temperature also plays a role in the dissolved oxygen cycling process, as warm water becomes saturated at lower concentrations than required for cold water. However, the bottom line is that the colder waters near the bottom of the lake become gradually depleted of oxygen over the ice-free period and can reach levels that will not support aquatic species.

The setting of an aquatic benchmark for DO is typically conducted under both an acute (short term, high concentration) and a chronic (long term, lower concentrations) basis. For chronic exposure, aquatic organism effects include the traditional growth and reproduction impairment, swimming impairment and long term impacts on survival. The low oxygen threshold at which some reaction first becomes apparent is usually referred to as the incipient or critical level. At this level, the organism must extend or adjust its available energies to counteract the influence of hypoxia (oxygen starvation) and/or to move to waters with higher DO levels. Unfortunately, the variability in toxicity symptoms and exposure times challenges the derivation of water quality guidelines for DO, and as a result, the guideline derivation does not follow the standard process.

For warm water lakes like Kahshe and Bass, the Provincial Water Quality Objective (PWQO) and the Canadian Water Quality Guideline (CWQG) are set at 5 and 5.5 mg DO/L, respectively. This report will use the lower of the two, as other agencies have set DO benchmarks in the 3-4 mg/L range.

To examine the DMM findings for DO, I've charted the mean, maximum and minimum for all sampling to 2015, the results for 2016 and the desirable aquatic objective of 5 mg/L, below which some fish and other aquatic organisms would experience some chronic effects. As there was no sampling on Kahshe Lake in 2016, the chart below presents the findings for Bass Lake.



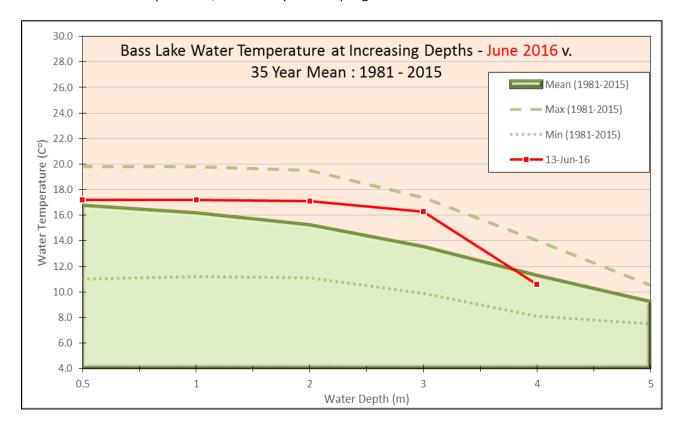


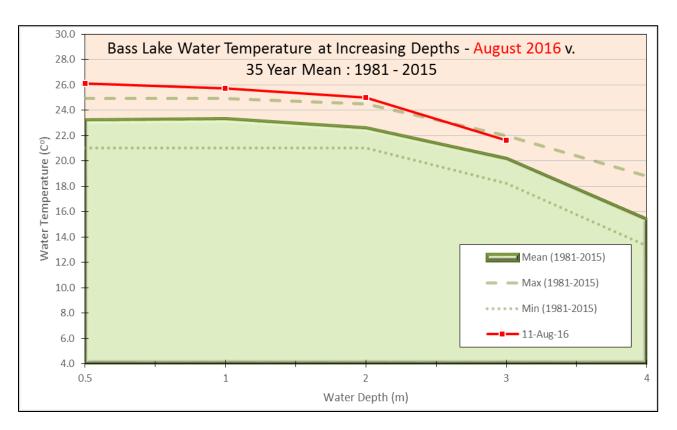
The results are shown first for the early June sampling and then the August sampling, to show how the lake stratification process works. Unfortunately, by the time the DMM did the sampling in June of 2016, it is apparent that the stratification process was already in progress and as such, the 2016 DO concentrations have already started to decline with increasing depths compared to the average results from previous years. By August, the thermal stratification has resulted in a typical reduction in DO at increasing depths. In spite of the late sampling in 2016, the data also show that the sampling results are well within the range of DO experienced over the years since sampling was initiated.

The other parameter that is evaluated at increasing depths is water temperature. Water temperature is important for several reasons:

- It affects the solubility of oxygen in water.
- It controls the rate of photosynthesis by algae and higher plants (i.e. warm water promotes algal growth).
- It affects the metabolic rates, life cycles and the sensitivity of all aquatic organisms to parasites and disease.
- It factors into the classification of a lake as a cold or warm water body (both Kahshe and Bass are considered warm water lakes i.e. not a Lake Trout Lake).

As for DO, the Bass Lake data dating back to 1981 have been presented as an average with maximum and minimum values up to 2015, followed by the sampling measurements in 2016.





Based on the foregoing charts, the Bass Lake findings can be summarized as follows:

- 1. There is greater year to year variability (as shown by the maximum and minimum values) in water temperature in the spring than later in the summer (August).
- 2. Water temperature in June and particularly in August of 2016 was higher than the long term average at all sampling depths and also exceeded the maximum long term temperature at depths to 2m.

To further explore the water temperature increase that was apparent in Bass Lake, I've taken a look at the air temperature and rainfall records from the Muskoka Airport weather monitoring station. The chart in Section 1 shows the average monthly air temperature and total monthly precipitation (rain + snow) for the entire 2016 year. These results are then compared to the 30 year (1971-2000) normal monthly temperature and precipitation.

This comparison very conclusively shows that air temperatures in 2016 were higher than normal from June through the end of the year. Total precipitation during the period from April through November also was much lower than normal. These findings certainly are consistent with the generally warmer Bass L water temperature in August. In the case of the June water temperature, it is not clear why the water temperature was higher than normal at increasing water depths. This indicates that thermal mixing took place at a greater pace than normal. The only two possible reasons for this would be the fact that the sampling in 2016 was later than normal and it is possible that the unusually high amount of precipitation in March contributed to the mixing of the warmer surface water with water at lower depths.

In summary, although an analysis of the long term trend in water temperature using all Muskoka lakes has shown a statistically significant increase in water temperature over time for all but the lowest depths (Palmer, 2005), the results for Kahshe and Bass Lakes have not displayed any obvious trend in surface water warming. This is not unexpected, as the temperature data for a single lake would not have the power to detect changes as small (approximately 1-2°C) as those reported using the larger database of all Muskoka lakes.

Dissolved Oxygen and Water Temperature Summary

Dissolved oxygen and water temperature are two parameters that are influenced by climatic changes that factor into lake stratification, the process whereby lake water is turned over in the fall and again following the winter ice melt and then begins to stratify through the spring, summer and fall as water temperature increases at the surface and DO levels decrease with increasing depth.

Dissolved oxygen (DO) in lake water is important for two main reasons:

- 1. It is essential for the survival of all aquatic organisms, and
- 2. A lack of oxygen in the lower layers of the lake (referred to as being anoxic) can cause mobilization of phosphorus from sediments.

Although both parameters have the potential to negatively impact the growth and survival of different aquatic organisms, the levels of DO are more directly involved in aquatic health. While water temperature is important and more directly associated with climate change, it is likely to result in more subtle alterations in water chemistry, biodiversity and population dynamics that are difficult to measure. Water temperature also needs to be closely monitored, as increasing temperature can also have indirect impacts by promoting the growth of algal and aquatic plants.

- The DO results for Bass Lake have been shown to be similar to those of Kahshe Lake, with the exception of a less noticeable decrease in DO levels from May through to August, resulting in DO levels that are generally well above the DO objective of 5 mg/L at all but the deepest sampling depths.
- This is likely due to the fact that Bass Lake is much more shallow (4-5 m), and as such, would not experience the same degree of thermal stratification as is the case in the much deeper (22 m) sampling site in Kahshe Lake.
- The water temperature findings for Bass Lake in 2016 have demonstrated greater year to year variability (as shown by the maximum and minimum values) in water temperature in May/June than later in the summer (August).
- Unlike last year (2015), the temperature at all depths for Bass Lake were noticeably higher than the 35 year average and in August, were higher than the maximum recorded water temperatures at depths to 2m. This is likely associated with warmer air temperatures in 2016.

Although an analysis of the long term trend in water temperature using all Muskoka lakes has shown a marginal increase in water temperature (Palmer, 2005) over time, the results for Kahshe and Bass Lakes have not shown any obvious warming. This is not unexpected, as the temperature data for a single lake

would not have the power of detection that would be possible using a larger database of all Muskoka lakes.

3.5 Anions, Cations and Other Chemicals

The DMM has analyzed water samples for a much larger suite of chemical parameters than those that are routinely reported in their year-end report and data sheet summaries. This leaves a large number of chemicals that have been analyzed but which have not been specifically evaluated for each monitored lake. As in previous years, the 2016 DMM year-end report for Bass Lake does include a summary table for several parameters that were analyzed. These include: alkalinity, calcium, chloride, colour, conductivity, dissolved organic carbon, sodium, nitrate, total Kjeldahl nitrogen, pH and sulphate.

The full suite of chemicals analyzed via the DMM sampling program in 2016 included: chloride, nitrogen (ammonia + ammonium), nitrogen (nitrite+nitrate), total Kjeldahl nitrogen, sulphate, aluminum, barium, beryllium, cadmium, calcium, chromium, cobalt, copper, iron, lead, magnesium, manganese, nickel, potassium, silicon, sodium, strontium, titanium, vanadium, zinc. In addition, the following new chemicals were added to the suite of chemicals in 2012 and repeated in 2016: antimony, arsenic, boron, selenium, silver, thallium and uranium.

As most of these chemicals have not been included in the DMM summary table of additional chemical parameters, this report attempts to do this by comparing the results for all years for which data exist to surface water benchmarks that are available from the MOECC or other regulatory agencies. A brief description of the benchmarks which have been used and what they're designed to protect follows:

- For the anions and cations and other parameters included in the DMM dataset, the findings have been compared to currently available aquatic protection values (APVs) used by the Ontario MOECC (MOE, 2011). These values represent the highest concentration of a contaminant in surface water to which an aquatic community can be exposed indefinitely without resulting in an adverse impact.
- In cases where an MOECC APV was not available, a similar format to the one used by the MOECC in protecting surface water from ground water discharges associated with contaminated sites (*O. Reg. 153/04* as amended) has been followed. This involved first checking for a U.S. EPA chronic ambient water quality criterion (based on a continuous chronic criterion, (U.S. EPA, 2012; U.S. EPA, 1986));
- If neither of these sources had a value, a Canadian Water Quality Guideline (CCME, 2012), a B.C. Ambient Water Quality Criterion (B.C. 2000; B.C. 2001a and b) or a U.S. EPA Tier-II Secondary Chronic Value (Suter II and Tsao, 1996) has been used.

In all cases, the surface water protection provided via these benchmarks is for <u>long term exposure to</u> <u>concentrations that are considered chronic</u>, as opposed to short-term protection against acute effects.

The charts for all chemicals along with their respective water quality benchmarks have been attached and a summary of the findings has been presented in Table 1 below.

Table 1: Summary of Chemical Analysis Results – Bass Lake – June 2016

Category	Analyzed	Evaluation	Comments
	Parameter	Benchmark ¹	
	Chloride	MOECC APV	All reported values well below aquatic benchmark. Note
			that the chart uses a logarithmic scale.
	Nitrogen (ammonia	BC AWQC	All reported values well below the 30 day average for a
	+ ammonium)		pH of 6.5 and temperature of 15°C which is set to protect
			against adverse effects to aquatic species. They are also
			well below the natural background concentration of
			around 100 μg/L, indicating a minimal contribution to
			eutrophication and the potential for algal problems. Note
			that the chart uses a logarithmic scale.
Anions	Nitrogen (nitrite +	EC CWQG	All reported values well below the nitrate benchmark
	nitrate)		which is set to protect against adverse effects to aquatic
			species. They are also below the natural background
			nitrate concentration of around 1,000 μg/L, indicating a
			minimal contribution to eutrophication and the potential
			for algal problems. Note that the chart uses a logarithmic
			scale.
	Nitrogen (total	None Found	No benchmark
	Kjeldahl)		
	Sulphate	BC AWQC	All reported values well below benchmark
	Aluminum	U.S. EPA CCC	Findings in recent years are marginally above or below
			the benchmark; however, there is a low level of scientific
			confidence in the benchmark as both it and similar
			benchmarks developed by the CCME are considered
			overly conservative and do not reflect the complex
			chemical behavior of aluminum under natural conditions.
	Barium	MOECC APV	All reported values well below benchmark. Note that the
			chart uses a logarithmic scale.
	Beryllium	MOECC APV	All reported values well below benchmark
	Cadmium	MOECC APV	Some exceedances of the benchmark in early years, but
Cations			none since 2009; likely a sampling or laboratory quality
Gations			control issue
	Chromium	MOECC APV	All reported values well below benchmark
	Cobalt	MOECC APV	All reported values well below benchmark
	Copper	MOECC APV	One exceedance of the benchmark in 2006, with none
			since; likely a sampling or laboratory quality control issue
	Iron	U.S. EPA CCC	All reported values well below benchmark, although
			results for Bass Lake appear to be generally higher than
			those of Kahshe Lake.
	Lead	MOECC APV	Two exceedances of the benchmark in Bass Lake in early
			years, but none since 2009; likely a sampling or
			laboratory quality control issue. Note that the chart uses

Category	Analyzed	Evaluation	Comments
	Parameter	Benchmark ¹	
			a logarithmic scale.
	Magnesium	U.S. EPA LCV	All reported values well below benchmark. Note that the
			chart uses a logarithmic scale.
	Manganese	BC AWQC	All reported values well below benchmark
	Molybdenum	MOECC APV	All reported values well below benchmark. Note that the chart uses a logarithmic scale.
	Nickel	MOECC APV	All reported values well below benchmark
	Potassium	U.S. EPA LCV	All reported values well below benchmark. Note that the
			chart uses a logarithmic scale.
	Silicon	None Found	No benchmark
	Sodium	MOECC APV	All reported values well below benchmark. Note that the
			chart uses a logarithmic scale.
	Strontium	U.S. EPA T-II SCV	All reported values well below benchmark. Note that the
			chart uses a logarithmic scale.
	Titanium	None Found	No benchmark
	Vanadium	MOECC APV	All reported values well below benchmark
	Zinc	MOECC APV	All reported values well below benchmark
	Dissolved Organic	DMM Notes	Although there is no aquatic benchmark, the findings for
	Carbon		Bass Lake are slightly higher than 7 mg//L, which is the
	Electrical	None Found	Ontario aesthetic objective for recreational use. No benchmark
Other	Conductivity	None round	No belicilitatik
Chemicals	Alkalinity	DMM Notes	Although there is no benchmark, the alkalinity of both
	Aikaiiiity	DIVIIVI NOCES	Kahshe and Bass Lakes is below 10 mg/L, indicating that
			both lakes have low buffering capacity and therefore, are
			potentially susceptible to acidification.
	Antimony	MOECC APV	All reported values well below benchmark. Note that the
			chart uses a logarithmic scale.
	Arsenic	MOECC APV	All reported values well below benchmark. Note that the
	Darran	MOECC APV	chart uses a logarithmic scale. All reported values well below benchmark. Note that the
Recently	Boron	IVIOECC APV	chart uses a logarithmic scale.
Added	Selenium	MOECC APV	All reported values well below benchmark. Note that the
Cations			chart uses a logarithmic scale.
Cations	Silver	MOECC APV	All reported values well below benchmark. Note that the
	U:	140555 : 5: :	chart uses a logarithmic scale.
	Thallium	MOECC APV	All reported values well below benchmark. Note that the chart uses a logarithmic scale.
	Uranium	MOECC APV	All reported values well below benchmark. Note that the
			chart uses a logarithmic scale.
Legend:			· ~

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 $^{\scriptsize 1}$ Evaluation Benchmarks

- MOECC APV means Ontario Ministry of Environment and Climate Change Aquatic Protection Value
- EC CWQG means Environment Canada Canadian Water Quality Guideline
- BC AWQC means British Columbia Ambient Water Quality Criterion
- U.S. EPA CCCC means United States Environmental Protection Agency Continuous Chronic Criterion
- U.S. EPA LCV means United States Environmental Protection Agency Lowest Chronic Value
- U.S. EPA Tier II SCV means United States Environmental Protection Agency Secondary Chronic Value

Anions, Cations and Other Chemical Summary

The analysis of several additional anions, cations and other chemicals by the DMM has identified no pressing issues from an aquatic health aspect. While there were some exceedances of chronic (long term) benchmarks established by the MOECC and other agencies to protect aquatic receptors, most of these exceedances were detected in the early years of the sampling program and appear to be related to sampling or laboratory artifacts, as more recent sampling has shown concentrations that are in the expected range for non-impacted surface water bodies in Ontario.

3.6 Evaluation of Benthic Monitoring – Bass Lake

Monitoring bottom-dwelling aquatic invertebrate communities has been carried out on Kahshe Lake by the DMM since 2003. This type of monitoring provides an indirect measure of water quality and habitat disturbance, as the composition of the aquatic-invertebrate community and the relative abundances of different species can be used to evaluate the health of the ecosystem.

Aquatic invertebrates include worms, mollusks, insects, crustaceans, and mites. These animals are sensitive indicators of the health, or condition of lakes and streams, as different species have different sensitivities to environmental changes such as pollution or habitat alteration.

Aquatic invertebrates live from one to three years and are in constant contact with lake sediments.

Although Kahshe Lake was not sampled in 2016, the DMM established two new benthic sampling locations on Bass Lake in 2016 as part of the Transitional Lake study that was initiated. The two Bass Lake locations are shown on Figure 2 below. Note that one of the locations (Site 2) is considered a **Reference Site** and is located in an area that will help define the normal range of biological conditions for a given habitat type. Reference sites are not expected to represent 'pristine' conditions; rather, they reflect biological conditions in areas where impacts from human disturbance are likely to be minimal.

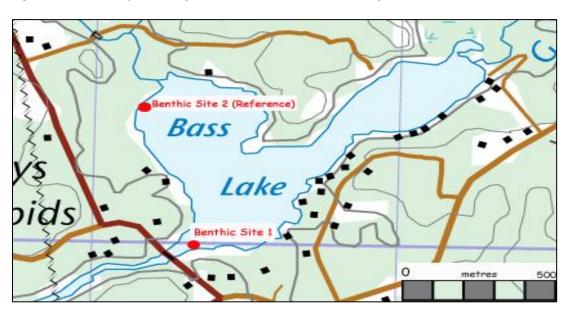


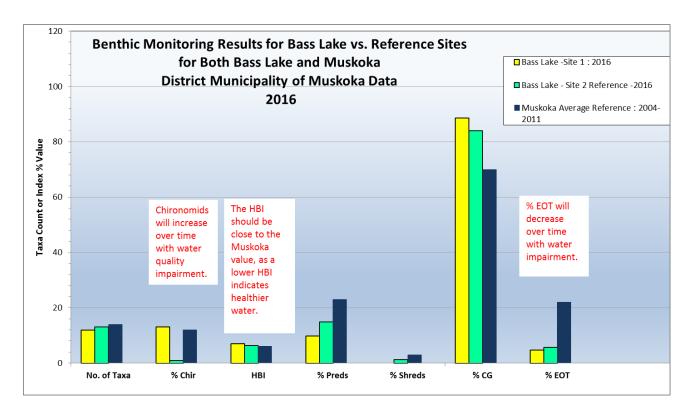
Figure 2: Map Showing Location of Benthic Monitoring Sites on Kahshe Lake

The results of the sampling have been compared to the Muskoka average, which is based on 147 samples from 76 reference lakes between 2004 and 2011. The Muskoka average as well as the Bass Lake findings have been presented in chart form below. To understand how the sample findings are compared, it is necessary to understand the scoring system which uses indices of organism groupings as shown in Table 2 below.

Table 2: Benthic Indices used to summarize aquatic invertebrate composition in Muskoka.

Indicator	What it tells us
Number of taxa collected	The number of taxa is a measure of biological diversity.
(Richness)	Richness increases with increasing habitat diversity,
	suitability, and water quality; therefore, the healthier a site's
	community, the greater it's number of taxa.
Percent of collection made-up of mayflies,	Ephemeroptera (mayflies), Odonata (dragonflies and
dragonflies, damselflies, and caddisflies	damselflies), and <u>T</u> richoptera (caddisflies) are very sensitive
(% EOT)	to pollution and habitat alteration. They should be prominent
	in healthy ecosystems, but their numbers will decline in
	response to stress imposed by human activities.
Percent of collection made-up of midges	Midges (true flies in the family Chironomidae) are tolerant of
(% Chironomidae)	pollution and habitat changes so their dominance indicates
	water quality problems.
Percent of collected animals that are	In a healthy ecosystem, the numbers of predators and prey
predators	are maintained within a narrow range. Extreme fluctuations
(% predators)*	in this balance signify that the ecosystem is sick.
Percent of collected animals that are	Shredders are a group of plant eaters adapted to breaking
adapted to feeding on coarse plant matter	down leaves, wood, and other plant matter that originates on
(% shredders)*	land but gets transported into waterbodies. Such animals
	should be abundant if there is a good connection between a
	lake and its watershed. In addition to recycling nutrients,
	shredders are food for other animals.
Percent of collected animals that are	Collector-gatherers feed on small pieces of organic matter
adapted to feeding by collecting small pieces	that arise from the processing activities of shredders
of organic matter	(described above). Their presence indicates a good
(% collector/gatherers)*	population of shredders, which provide them with food. Like
	shredders, these animals perform a vital role in energy
	cycling, and are prey for other animals.
Organic pollution score	The Hilsenhoff index combines information about the
(Hilsenhoff index value)	abundances of different types of animals collected at a site
	with information about those animals' sensitivities to sewage
	pollution, farm wastes, and other sources of nutrients like
	phosphorus, nitrogen, and carbon. High values of this index
	indicate pollution; low values indicate good water quality.
* In healthy ecosystems, the proportion of the	aguatic-invertebrate community that is made-up of predators.

^{*} In healthy ecosystems, the proportion of the aquatic-invertebrate community that is made-up of predators, shredders, collector/gatherers, and other animals is maintained within a narrow range. Marked divergences in abundances of any type of animal signifies a stressed ecosystem.



The results from this first benthic sampling on Bass Lake can be summarized as follows:

- 1. Two indicators of impaired aquatic health (% Chironomids and % EOT) show some potential stress effects, although it is not possible to confirm due to the limited monitoring data.
- 2. In the case of % Chironomids, Site 1 on Bass Lake had a higher percentage than the Bass Lake Reference site, but was very similar to the average of Reference sites across Muskoka.
- 3. In the case of % EOT, both Bass Lake sites were below the average of Reference sites across Muskoka but there was no difference between the Bass Lake Reference site and Site 1.
- 4. The other general indicator of water health is the Hilsenhoff index (HBI), with lower values indicating good water quality. In this case, the results for both Bass Lake sites were very similar to each other and to those of the Reference sites in Muskoka, indicating no overall evidence of water quality impairment.

Based on the above findings for 2016, there is no convincing evidence to suggest that benthic health on Bass Lake has been environmentally impacted. Any conclusion would involve a much more extensive period of monitoring data and likely more sites to enable the data to be scientifically evaluated and significant differences statistically isolated from the variability that is typical of this type of monitoring.

Evaluation of Benthic Monitoring Summary

The 2016 benthic invertebrate monitoring results for the two sites on Bass Lake have not identified any conclusive evidence of water quality impairment of the population, growth or survival of aquatic invertebrate which can be related to contamination or habitat disturbance. However, based on the limited dataset, the results do warrant continued sampling.

4.0 Summary and Conclusions

In accordance with the goals and objectives which have been set for the Kahshe Lake Steward by the KLRA, a comprehensive review and analysis of all historical environmental monitoring on Kahshe and Bass Lakes has now been completed and presented within Lake Steward Reports for 2012, 2013, 2014 and 2015. These documents are posted on the KLRA web-site (http://www.kahshelake.ca/ne/ls).

This report captures the findings from sampling and analysis of both Kahshe and Bass Lakes in 2016.

In an effort to simplify the reporting of a large amount of measurement and analysis data, the report has been structured to address the following issues/areas of potential concern for both Kahshe and Bass Lakes:

- Total Phosphorus and Water Clarity
- Calcium Depletion
- Lake Acidification
- Dissolved Oxygen and Water Temperature
- Metals and Other Chemicals
- Benthic Health

In order to better understand the chemical and physical data that have been collected, this year's report included an overview of the climatological factors that have the potential to influence the analytical findings. This attempted to answer the question: How normal were temperature, rainfall, water levels and ice-out conditions compared to past years?

The information on weather and water/ice conditions confirmed that 2016 was warmer and dryer during the summer months, with fairly normal water levels throughout the year. However, consistent with the 125 year trend of earlier ice-out dates for Muskoka Lakes, ice-out on Kahshe Lake was earlier than normal in 2016.

Total Phosphorus and Water Clarity Summary

Phosphorus has been clearly shown to be the main nutrient that controls the growth of algae in Ontario lakes, with higher phosphorus generally resulting in an increase in algal growth, and therefore, decreased water clarity. The DMM also evaluates the responsiveness of lakes in Muskoka to input and mobility of phosphorus as it enters the lake from human and natural sources and both Kahshe and Bass Lakes are considered moderate in terms of their sensitivity to phosphorus.

This sensitivity rating also factors into the setting of a total phosphorus threshold for lakes in Muskoka. This threshold value is set equal to the background concentration plus an additional 50%. If the lake's measured and modelled phosphorus concentrations over a 10-year period are greater than its threshold value, then the lake is considered "over threshold" and actions will be initiated to reduce the amount of phosphorus entering the lake from its watershed. Neither Kahshe nor Bass Lake is currently considered over-threshold. However, as a result of a review by the DMM of their water quality model, Bass Lake

was flagged in 2015 for further study due to its elevated total phosphorus concentration and may require development restrictions pending the outcome of the Transitional Lakes study.

Based on the sampling by both the DMM and MOECC (Lake Steward), the following conclusions can be drawn:

- In both lakes, there has been no detectable change in total phosphorus concentrations over the past 35 years
- Total phosphorus concentrations are about two times higher in Bass Lake. than in Kahshe Lake, but well below the DMM's existing Threshold Level and within the expected Background concentration.
- As for Bass L., the total phosphorus levels in Kahshe Lake are well below the existing Threshold Level and are essentially unchanged over the past 35 years.
- The total phosphorus concentrations in the water of Kahshe Lake are about half of what they are in Bass Lake.
- Water clarity in Bass Lake in 2016 was much improved compared to historical levels and came close to the levels achieved in the late 1990s.
- Although there are were no DMM water clarity findings in 2016 for Kahshe Lake, the MOECC sampling also showed increased water clarity in 2016 compared to earlier years
- The water clarity findings confirm that water clarity is generally better in Kahshe than in Bass Lake.
- Finally, based on feedback from the DMM, the 'Transitional' lake status assigned to Bass Lake in 2016, which resulted in additional DMM sampling in 2016 will continue in 2017, with additional studies being planned. As such, there is no change to the current 'below threshold' status of Bass Lake.

Calcium Depletion Summary

- While decreasing lake water calcium concentration is an emerging concern for lakes on the Precambrian Shield in Ontario due to its impact on the reproduction and survival of zooplankton and other aquatic species that are important components of the aquatic food chain, levels of calcium below the growth limiting threshold range of 1.5 mg/L have not been identified in the sampling of Kahshe or Bass Lakes.
- Nor is there any conclusive evidence from the Kahshe and Bass Lake sampling program by DMM or MOECC to demonstrate a similar downward trend over time like that seen in the Muskoka area.
- However, continued monitoring is warranted, as the historical data for Kahshe and Bass Lakes is limited, dating back only to 2004.

Lake Acidity Summary

The waters of Kahshe and Bass Lake have acidity (pH) levels that are well within a normal range and more than 10-fold above the pH level of 5.0, below which potential aquatic impacts could be observed.

While the pH findings represents good news, it should also be recognized that the waters of Kahshe and Bass Lakes have low levels of alkalinity, and as such, are more susceptible to acidification, as the ability of the water to buffer the acid input is low. As such, continued monitoring of the acidity is warranted.

Dissolved Oxygen and Water Temperature Summary

Dissolved oxygen and water temperature are two parameters that are influenced by climatic changes that factor into lake stratification, the process whereby lake water is turned over in the fall and again following the winter ice melt and then begins to stratify through the spring, summer and fall as water temperature increases at the surface and DO levels decrease with increasing depth.

Dissolved oxygen (DO) in lake water is important for two main reasons:

- 1. It is essential for the survival of all aquatic organisms, and
- 2. A lack of oxygen in the lower layers of the lake (referred to as being anoxic) can cause mobilization of phosphorus from sediments.

Although both parameters have the potential to negatively impact the growth and survival of different aquatic organisms, the levels of DO are more directly involved in aquatic health. While water temperature is important and more directly associated with climate change, it is likely to result in more subtle alterations in water chemistry, biodiversity and population dynamics that are difficult to measure. Water temperature also needs to be closely monitored, as increasing temperature can also have indirect impacts by promoting the growth of algal and aquatic plants.

- The DO results for Bass Lake have been shown to be similar to those of Kahshe Lake, with the exception of a less noticeable decrease in DO levels from May through to August, resulting in DO levels that are generally well above the DO objective of 5 mg/L at all but the deepest sampling depths.
- This is likely due to the fact that Bass Lake is much more shallow (4-5 m), and as such, would not experience the same degree of thermal stratification as is the case in the much deeper (22 m) sampling site in Kahshe Lake.
- The water temperature findings for Bass Lake in 2016 have demonstrated greater year to year variability (as shown by the maximum and minimum values) in water temperature in May/June than later in the summer (August).
- Unlike last year (2015), the temperature at all depths for Bass Lake were noticeably higher than the 35 year average. This is likely associated with warmer air temperatures in 2016.

Although an analysis of the long term trend in water temperature using all Muskoka lakes has shown a marginal increase in water temperature (Palmer, 2005) over time, the results for Kahshe and Bass Lakes have not shown any obvious warming. This is not unexpected, as the temperature data for a single lake would not have the power of detection that would be possible using a larger database of all Muskoka lakes.

Anions, Cations and Other Chemical Summary

The analysis of several additional anions, cations and other chemicals by the DMM has identified no pressing issues from an aquatic health aspect. While there were some exceedances of chronic (long term) benchmarks established by the MOECC and other agencies to protect aquatic receptors, most of these exceedances were detected in the early years of the sampling program and appear to be related to sampling or laboratory artifacts, as more recent sampling has shown concentrations that are in the expected range for non-impacted surface water bodies in Ontario.

Evaluation of Benthic Monitoring Summary

The 2016 benthic invertebrate monitoring results for the two sites on Bass Lake have not identified any conclusive evidence of water quality impairment of the population, growth or survival of aquatic invertebrate which can be related to contamination or habitat disturbance. However, based on the limited dataset, the results do warrant continued sampling.

Based on the foregoing summary of the environmental monitoring of Kahshe and Bass Lakes, we need to continue with our sampling efforts and practice overall lake stewardship to delay the onset of nutrient enrichment and its impact on lake health. How can we make a difference? Each of us can do our part to maintain the quality of the water by:

- managing our septic systems properly and having tanks pumped out regularly;
- avoiding the use of products containing phosphorus (detergents and cleaners);
- disposing of toxic wastes (batteries, paint, oil, old gas, pressure-treated lumber and other construction waste) at approved land fill sites;
- minimizing near-shore removal or management of vegetation and ensuring that any shoreline disturbance is conducted in compliance with permitted uses;
- avoiding the use of any chemical fertilizers or pesticides in areas close to the shore; and,
- taking precautions to minimize the potential for introducing both terrestrial and aquatic invasive species.

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Kahshe Lake Steward

Attachments

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